



Health Care Aide Course

OCDSB LBS Program

Literacy Basic Skills funded by
Ministry of Labour, Immigration, Training
& Skills Development

Canada 

EMPLOYMENT
ONTARIO

Ontario 

A brief history..

2006 - Personal Support Worker Preparation & Healthcare Training course - Funded by MLITSD

- **For anyone living in Ontario**
- **Must be 18 years of age or older**
- **Listening and Speaking skills (CLB 5/6)**
- **Goal Oriented to further education or to a workplace**

2023 - MLITSD funded SFS HCA course

- **Additional Instructor and Project Manager hired**
- **PLAR / Coop credit courses offered**
- **Gentle Persuasive Approaches (GPA) course introduced**
- **Friday Skills class & Placement Component added**



Health Care Aide

OTTAWA-CARLETON
DISTRICT SCHOOL BOARD
**CONTINUING
EDUCATION**
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Course Dates:

September to January

January to June

Monday to Friday 9:00 am - 2:00 pm

Location:

Face to Face Class

Continuing Education Centre,

440 Albert St.

Topics Include:

- Roles and Responsibilities of the Health Care Aide
- Introduction to Resident Care in Ontario
- Introduction to Body Systems and Common Diseases
- Caring for Older Adults
- Placement in a Retirement Home

Certificates that you can earn (some minimal fees apply):

- Standard First Aid, Level C CPR and AED Level BLS (HCP)
- Safe Food Handler Training
- Gentle Persuasive Approaches (GPA) in Dementia Care

Registration Eligibility

In order to register for this course you will need to meet this criteria:

- 18 years of age or older
- Listening, Speaking, Reading and Writing Skills (CLB 6)
- Refugee Claimant, Permanent Resident or Canadian Citizen
- Must have less than Grade 12 level of education (Canadian Equivalent)



**NEW
PROGRAM**

How to register:

You must make an appointment to register (no drop-ins please). Limited space is available, reserve your spot now:

Call us at **613-239-2325** or email us at **LBS@ocdsb.ca** to make an appointment or to request more information.

Canada

EMPLOYMENT
ONTARIO

Ontario



This Employment Ontario program is funded in part by the Government of Canada and the Government of Ontario.

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Waterford Grand
Retirement Living

Timberwalk

RETIREMENT COMMUNITY



Maplewood

RETIREMENT COMMUNITY

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“We have been a strong advocate and supporter of student volunteers due to economic impacts to retirement like Covid19. Thanks to the OCDSB Health Care Aide program for entrusting us as the first home to initiate the program, which has shown strong success.

We have not used agencies or worked short, and the care department has been stable and consistent when placement students are present since November 2023.

In addition, there is a high probability of hiring candidates into the workforce - creating a positive future for our newcomers in Canada.

Without programs like this, we would not be able to maximise candidates reaching their meaning and purpose in society.”

**Candace Moreau,
Waterford Grand Retirement Residence
Life Enrichment Manager of Memory Care**

✓ **Healthcare in Canada & Ontario**

✓ **Roles & Responsibilities of a Health Care
Aide**

✓ **Asepsis & Breaking the Train of Transmission**

✓ **Healthy Ageing**

✓ **Body Systems**

✓ **Diseases & Conditions**

✓ **AODA & Disability Awareness**

✓ **Palliative & End of Life Care**

✓ **Placement Preparation**

✓ **Soft Skills & Job Preparedness**



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---|---|---|---|---|
| 9:00 - 10:30 | <p>Asepsis in health care <u>Asepsis</u></p> <p>Slides & Vocabulary terms / Vocab Match</p> | <p>Chain of infection/ prevention spread of infections</p> <p>Worksheets / Slides <u>Nothing to Sneeze At</u></p> | <p>Take up worksheets / review slides <u>Direct Contact vs Airborne Illnesses</u></p> <p>Ways a HCA can Break the Chain <u>GLOVES</u></p> | <p>CLRI & Breaking the Chain wrap up</p> <p>Observations</p> | <p>9-10 am Online Class</p> <p>SS Communication (breakout room discussions)</p> |
| 10:30 - 10:45 | BREAK | BREAK | BREAK | BREAK | BREAK |
| 10:45 - 12:00 | <p>Hand hygiene Quiz</p> <p>OPH Hand Washing & Sanitizing</p> <p><u>OPH Transmission Handwashing / Sanitizing & Signage</u></p> | <p><u>Nothing to Sneeze At</u></p> <p>Direct Contact Vs Airborne</p> <p><u>Direct Contact vs Airborne Illnesses</u></p> | <p>Donning / Doffing Laminated strips (order)</p> <p>Class activity 😊</p> | <p>Observations & Recording</p> <p>Open ended and closed ended questions worksheets</p> | <p>Planning & Prep</p> |
| 12:00 - 12:30 | LUNCH | LUNCH | LUNCH | LUNCH | LUNCH |
| 12:30 - 2:00 | <p><u>OPH Infection cycle</u></p> <p>Links and videos</p> | <p>OPH Health care provider controls activities</p> <p>Pairwork - mini presentations on 'Hot spots'</p> | <p>CLRI IPAC</p> <p>https://learn.clri-ltc.ca/courses/ipac1/</p> | <p>SSS Communicating</p> <p><u>Communication Slides SSS</u></p> | <p>Planning & Prep</p> |

OTTAWA
POLICE

TENA



Gentle
Persuasive
Approaches



National
Capital Region

Ontario



GEM Health Care Services
Services de Santé GEM



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DISTRICT SCHOOL BOARD

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Nelly Ogechi - Student Testimonial

Just as ripples spread out when a single pebble is dropped into water, the actions of individuals can have far-reaching effects.

Dalai

Lama