

# SUPPORTING THE STUDENT EXPERIENCE IN LONG-TERM CARE

CESBA PSW Sector Day December 6, 2023

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#### WHAT WE DO





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### SUPPORTING THE STUDENT EXPERIENCE IN LONG-TERM CARE

#### **AGENDA**

- Ontario CLRI programs and resources that support the student journey
- Group discussion: PSW program needs and opportunities



#### ONTARIO CLRI RESOURCES FOR STUDENT SUPPORT



- Experiential learning guide
- Careers in LTC

**High School** 

**Post-Secondary** 

- PREP LTC
- Living Classroom



- LIPHA
- eLearning Hub
- Workplace Mental Health in LTC

**Long-Term Care** 



#### EXPERIENTIAL LEARNING IN LONG-TERM CARE

- A guidebook for building partnerships between secondary schools and longterm care homes
- How to create experiential learning placements for coop and Specialist High Skills Major (SHSM) students

https://clri-ltc.ca/resource/experiential-learning-in-long-term-care/

https://clri-ltc.ca/resource/resources-for-secondary-school-educators/





#### **CAREERS IN LONG-TERM CARE**

- Help students find a career that lines up with their interests and skills
- Explore a variety of roles in LTC:
  - PSW, Nurse, Physiotherapist, Social Worker, Food Service Aide, Housekeeping, Recreation, Music Therapy, etc.
- Understand the benefits of working in long-term care

https://clri-ltc.ca/resource/careersltc/

#### Personal Support Worker as a Career

Resource Type: Project, Website Posted On: December 1, 2020 Author/Source: Ontario CLRI at the RIA Audience(s): Educators. HR/Operations. Job Seekers. Students

This page provides an overview of the PSW role in long-term care based on the information given to us by PSWs in the field and the sources outlined below. The role of a PSW may vary based on the long-term home and region. For a more comprehensive picture of this role, visit the PSW association information links below. This page is part of our **Careers in Long-Term Care** Initiative.

#### What does a personal support worker do?

A personal support worker (PSW) gives direct care to residents living in long-term care. A PSW helps residents with physical needs such as personal care (bathing, dressing, etc.), as well as getting around the home.

PSWs add to the quality of life of residents and give emotional support and friendship. PSWs are an important part of a resident's health-care team because they know their residents well and can report any behaviour or clinical changes.

## Personal Support Workers: Making a Diff... Watch later Share Watch on Voulinhe

Various clips used in this video were filmed before and during the COVID-19 pandemic. Infection control practices (such as wearing a mask) may be shown.

#### What skills will I use?

- Interpersonal communication
- Active listening
- Empathy
- Perceptiveness
- Self-direction
- Flexibility

#### How do I become a PSW?

You need a PSW certificate to work as a PSW in Ontario. You can gain a certificate through on-the-job training or a formal college program. Formal programs take six months to one year and give both in-class teaching and practical experience.

For more information on pursuing a career as a PSW see the workforlife site, or visit OntarioColleges.ca for a list of Ontario colleges offering PSW programs.



#### LTC ORIENTATION

Orientation is a first step to get new hires ready to work in LTC.

Resources cover four topic areas:

- 1. Foundational Knowledge
- 2. Communication and Person-Centred Care
- 3. Providing Support in Long-Term Care
- 4. Personal Care

https://clri-ltc.ca/orientation/











- LIPHA for LTC is a virtual learning platform that provides innovative training for PSWs, nurses and other team members via a highly immersive educational game
- Virtual preceptoring experience focused on best practices, relational care, safety, and teamwork
- Designed to improve capacity and competence of LTC team members and students.

https://www.mylipha.ca/





#### **ELEARNING HUB**

55+ courses designed to train the current and future LTC workforce. Free registration.

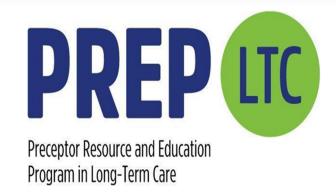


https://learn.clri-ltc.ca

#### **COURSE EXAMPLES**

- LTC orientation series
- Person-centred language
- IPAC
- PREP LTC for preceptors and students
- Supporting residents' mental health and wellness
- Communication at end-of-life
- Clinical nursing leadership
- Team essentials
- Eating assistance
- Lifts and transfers





#### Preceptor Resource and Education Program in Long-Term Care (PREP LTC)

- PREP LTC is funded by the Ministry of Long-Term Care and provides funding and supports to LTC homes across the province to build and expand their student placement programs.
- The PREP LTC initiative provides online education for preceptors and students and supports positive and successful student placements.
- This initiative is expected to lead to increased recruitment and retention of a highly skilled and engaged workforce for the sector.

#### **Our Goals**

- Address barriers to increasing capacity for clinical placements...
- Provide a positive, high-quality experience for students and preceptors.
- Recruit and retain team members in long-term care.

https://clri-ltc.ca/prep-ltc





#### **COLLABORATION IS THE KEY!**

livingclassroom.ca

The Living Classroom is a partnership model that integrates education into a long-term care or retirement home to support workforce development.

Students, faculty, and those living, visiting and working in the home engage in a culture of shared learning.



Shared goals and values



Formal agreements



Standard operating protocols



Communication and coordination



Integrated teams



Physical space and equipment



Enhanced curriculum



Long-term commitment



#### Resources

- Readiness Checklist
- Implementation Guide
- Living Classroom Video
- Virtual Tour
- Infographic: Benefits of the Living Classroom

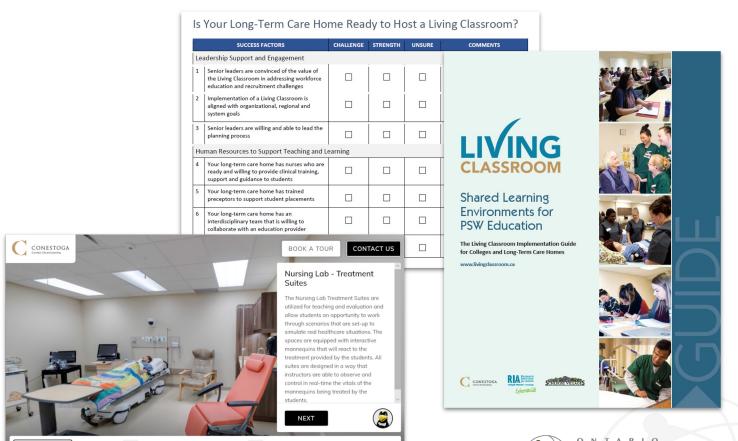
Available in English and French

**■** TOUR MENU

Nursing Lab - Treatment Suites >

#### **COLLABORATION IS THE KEY!**

#### livingclassroom.ca



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## Benefits of the Living Classroom



#### **STUDENTS**

- Students are exposed to rewarding career opportunities in senior living
- Students benefit from experiential learning with residents, families and team members
- Students can live, study, and work in their own community
- Students graduate with enhanced skills, greater confidence and practical experience caring for older adults



#### TEAM MEMBERS

- Team members benefit from student assistance with care
- Team members learn new clinical practices and update their caregiving skills
- Team members experience personal growth by mentoring the next generation of healthcare professionals



#### RESIDENTS, FAMILIES AND EDUCATORS

- Residents and families share their knowledge and wisdom with students and educators
- Educators can offer programs in locations where there is high demand
- Long-term care and retirement homes can hire new employees from a pool of work-ready graduates



#### **DISCUSSION**

- 1. What challenges (or successes) are you experiencing with your Living Classroom? Suggestions for improvement?
- 2. How have you successfully integrated your PSW program into the LTC home?
- 3. How do you approach student orientation and preceptor training?
- 4. What CLRI resources have you used and/or what resource gaps have you identified?



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