

Sample PLAR for Mature Students

Senior Equivalency Credit Assessment

Student Name:	Date of Birth:	
Application Date:	Campus:	Student Number:

TO BE COMPLETED BY THE ASSESSOR

Total Number of Senior Equivalent Credits Eligible: _____

Number of Senior EQV credits granted for this application: _____ up to a max of 10*

*Up to 14 with evidence of Completed Canadian Post Secondary

With this application:

- No further senior equivalent credits will be awarded. The maximum has been attained.

- A further _____ equivalent credit(s) may be awarded at a later date, should more documentation of evidence be submitted.

Principal/Designate signature (Assessor):

Date: _____

(revised June 2024)

Applicant Declaration

✓ I wish to have my education and/or training credentials and related documentation assessed through the PLAR equivalency process. I believe that my credentials and related documentation provide evidence of my prior learning and demonstrate that I have met the curriculum expectations for each of the following courses in the Ontario curriculum:

Course Title	Course Type	Course Grade/Level	Course Code

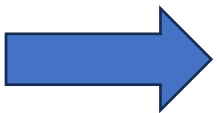
✓ I have attached transcript(s) from secondary schools/boards credential(s) from education (e.g. international transcript – does not have to be translated, home school course evidence) and/or training program (eg certificate(s)).

✓ I have attached transcripts/credentials recognizing **Completed Canadian Post Secondary**

Required Evidence (provide one or more of the following):

- Transcript(s) from postsecondary education institution(s) (e.g., colleges, universities, other similar institutions)
- Credential(s)/Apprenticeship Certification from Skills Trades Ontario

If you wish to have your credentials and related documentation considered for all senior courses, simply check the box that follows this table.



I wish to have my credentials and related documentation considered for all possible senior equivalent courses.

I am aware that my credentials and documentation will be evaluated against the expectations outlined in the appropriate curriculum policy document(s). I am also aware that a maximum of 10 credits may be granted through the challenge and equivalency processes (combined) for courses in Grades 11 and 12.

I have reviewed the curriculum expectations for each course for which I am requesting equivalent credit value or I have requested that my credentials and related documentation be considered for all possible senior equivalent credits.

I hereby give permission to **(School Board)** to contact any of the persons and/or institutions, employers, or organizations that I have identified as able to verify my experience. I understand that I may revoke this permission in writing at a later date.



Student Name: _____

Student Signature: _____

Date: _____

Please complete this application form.

Mature students who are working under Ontario Secondary School Diploma requirements are eligible to apply for Grade 11 and 12 senior equivalent credits. To be granted senior equivalent credits under Mature PLAR, students must demonstrate that their prior learning relates directly to a majority of the expectations from the course being considered for equivalency. It is important that students attempt to provide all of the information requested below in as much detail as possible. In addition, third party documentation must be attached to this application.

A) Languages

Indicate the language(s) – besides English - that you speak and write fluently.

Required Evidence/Third Party Documentation (provide one or more of the following):

- Provide a written sample of your writing in your language(s).
- Provide a digital recording of your oral language skills.
- Provide a third person letter (family, teacher, etc.) confirming your fluency.
- If you cannot provide any of the above, ask your staff for a task overall expectation template.

B) Hobbies/Traditional Activities, Crafts

List your hobbies. Examples may include: woodworking, soap stone carving, crafting, beading, woodburning, sewing, regalia making, photography, art, etc.) Emphasize the skills and knowledge that you have developed because of your experience with this hobby or activity.

Hobby/Activity Description	Estimated Hours

Required Evidence (provide one or more of the following):

- Provide photos/video of each of your hobbies.
- Write a detailed description of each of your hobbies and the skills you have developed.
- If you cannot provide any of the above, ask your staff for a task overall expectation template.

C) Leadership Opportunities

Provide details of leadership opportunities you have had in the workplace, through athletics, or in various community clubs and organizations. Emphasize the skills and knowledge that you have developed because of these opportunities. Examples may include Athletic Teams, Projects, Youth Recreation League, Political Leadership, men’s group, women’s group, organizer of community events etc

Description of Leadership	Estimated Hours

Required Evidence (provide one or more of the following):

- Provide a third person letter (family, coach, teacher, etc.) confirming your leadership.
- Provide evidence of leadership training or certification you have received.
- If you cannot provide any of the above, ask your staff for a task overall expectation template.

D) Volunteer Work

Provide details of any community service or volunteer work with which you have been involved. Examples may include Church groups, Humane Society, Powwow, hunting and fishing, community events etc

Name of Organization	Description of Volunteer Duties	Estimated Hours

Required Evidence (provide one or more of the following):

- Provide photos, videos of you volunteering.
- Provide a third person letter (family, coach, church leader, elder, teacher, etc.) confirming your leadership.
- *Please note that community service completed to fulfill a criminal sentencing requirement does not count*

E) Fitness Activities

Provide a detailed description of any fitness activities with which you have been involved and for what period of time. Examples include dancing, fancy shawl, volleyball, hockey, basketball, yoga, powwow etc

Fitness Activity Description	Estimated Hours

Required Evidence (provide one or more of the following):

- Provide photos, videos of your fitness activities.
- Provide evidence of gym membership.
- Provide a third person letter (family, fitness partner, teacher, coach, fitness instructor, personal trainer, etc.) confirming your fitness activity.

F) Entrepreneurial Activities

Describe the knowledge and skills that you developed through any entrepreneurial activities with which you have been involved. For instance, you may include such entrepreneurial activities as selling Avon, crafting, word working, beading as well as participation in Flea Markets, fundraising, selling Art etc.

Name of Business	Description of Business	Estimated Hours

Required Evidence (provide one or more of the following):

- Provide photos, videos of your business.
- Provide the links to any social media sites for your business.
- Provide a third person letter (family, customer, etc.) confirming your business.

G) Employment History

Please answer the questions below regarding any paid or unpaid documented employment that you have had.

1. Work Experience

Job Title	Employer	Estimated Hours
Description of Duties and Responsibilities:		

Required Evidence (provide one or more of the following):

- Provide a record of employment, T4, pay stub
- Provide a letter from your employer stating period of employment and hours worked.
- Provide a third person letter (family, case manager, teacher, etc.) confirming your employment.

2. Work Experience

Job Title	Employer	Estimated Hours
Description of Duties and Responsibilities:		

Required Evidence (provide one or more of the following):

- Provide a record of employment, T4, pay stub
- Provide a letter from your employer stating period of employment and hours worked.
- Provide a third person letter (family, case manager, teacher, etc.) confirming your employment.

3. Work Experience

Job Title	Employer	Estimated Hours
Description of Duties and Responsibilities:		

Required Evidence (provide one or more of the following):

- Provide a record of employment, T4, pay stub
- Provide a letter from your employer stating period of employment and hours worked.
- Provide a third person letter (family, case manager, teacher, etc.) confirming your employment.

H) Formal Training

1. **Certifications** (ie. WHMIS, First Aid/CPR, Forklift Training, Working at Heights, Smart Serve, etc.)

Certification Title	Date of Completion

Required Evidence (provide one or more of the following):

- Provide copies of each certification.
- Provide a letter from your employer stating completion of certification.
- Provide a third person letter (family, instructor, employer, etc.) confirming completion of certification.

2. **Licenses** (ie. drivers – G, M, hunting, fishing, boating, etc.)

License Title	Estimated Hours Earning License

Required Evidence (provide one or more of the following):

- Provide copies of each license.
- Provide a letter from your employer stating completion of license.
- Provide a third person letter (family, instructor, employer, etc.) confirming completion of license.

3. **Additional Formal Education** (ie. secondary and post-secondary transcripts, apprenticeship certifications, STEP LLEO, driver’s ed, etc.)

Title of Course or Transcript Type	Organization/Institution Providing Course/Transcript	Estimated Hours

Required Evidence (provide one or more of the following):

- Transcript(s) from postsecondary education institution(s) (e.g., colleges, universities, other similar institutions)
- Transcript(s) from secondary schools/boards
- Credential(s) from education and/or training program (e.g., apprenticeship certificate)
- Provide copies of each certificate of completion.
- Provide a letter from your STEP teacher, trainer, education stating completion of course.
- Provide a third person letter (family, case manager, employer, teacher, etc.) confirming completion of course.

I) Vehicle Ownership

Do you own your own vehicle?

No

Yes

For how long? _____

Required Evidence (provide the following):

Provide copy of vehicle ownership

Description of vehicle maintenance (including ATV's, ski doos, engines, etc.)

J) Parent/Step-Parent/Guardian

Do you have children or have you helped raise children?

No

Yes

Required Evidence (provide the following):

Provide copy of birth certificates

Provide a third person letter (family, family doctor, etc.) confirming you are a parent and/or have helped raise child(ren)

Knowledge and Skills Acquired

K) Mental Health/Physical Health Journey

Have you had a mental health/physical health journey?

- No
- Yes
- Prefer Not to Answer

Required Evidence (provide the following):

- Provide a third person letter (doctor, mental health worker, teacher, family, case manager, etc.) confirming your journey. The duration of the mental/physical health journey should be documented. Specifics of mental/physical health journey is not required.

Knowledge and Skills Acquired

L) Participation in Clubs

Describe any experience you have had as a member of a club or clubs (for example: 4H, cadets, church group, youth group, etc.).

Name of Club	Description of Club Participation	Estimated Hours

Required Evidence (provide one or more of the following):

- Provide photos, videos of you in your club.
- Provide a third person letter (family, club organizer/leader, teacher, etc.) confirming your club participation.

M) Indigenous

Do you identify as Indigenous?

- No
- Yes
- Prefer Not to Answer

Describe any participation in cultural activities and Community Experiences (ie. Councils, Powwows, drumming, etc.) in which you participate.

Cultural Activity Description	Estimated Hours

Required Evidence (provide the following):

- Provide photos/videos that capture your participation in cultural activities.
- Provide a third person letter (family, community leader, elder, etc.) confirming your participation in cultural activities.

N) Participation in the Arts

Do you participate in the arts (ie. music, drama, dance, etc.) or create art (ie. visual art, photography, pottery, etc.)? Describe your experience(s) in the arts.

Art Description	Estimated Hours

Required Evidence (provide the following):

- Provide photos/videos that capture your participation in the arts.
- Provide a third person letter (family, teacher, coach, etc.) confirming your participation in the arts.

O) Living Independently

Do you live independently? Describe your living arrangements (ie. apartment, group home, house, etc.).

Living arrangement	Total Months

Required Evidence (provide the following):

- Provide a rental/lease agreement or property tax.
- Provide a third person letter (family, support worker, counsellor, teacher, etc.) confirming living arrangements.

Knowledge and Skills Acquired

I have reviewed the curriculum expectations for each course for which I am requesting equivalent credit value or I have requested that my credentials and related documentation be considered for all possible senior equivalent credits.



Student Name: _____

Student Signature: _____

Date: _____