

Insight Consulting: Coaching & Consulting for Executives & New Leaders

Expertise in Equity, Diversity & Inclusion Implementation Coaching, Consultation & Facilitation

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Equity, diversity and Inclusion book list:

1. **21 Things You May Not Know About the Indian Act: Helping Canadians Make Reconciliation with Indigenous Peoples a Reality** [Bob Joseph; 2018]
2. **Active Hope: How to Face the Mess We're in without Going Crazy** [Joanna Macy, Chris Johnstone; 2012]
3. **Activism and Social Change: Lessons for Community Organizing**, Second Edition [Eric Shragge; 2013]
4. **Alternative Schooling and Student Engagement: Canadian Stories of Democracy Within Bureaucracy** [Nina Bascia, Esther Sokolov Fine, Malcolm Levin; 2017]
5. **Anxiety: Deal with it before it ties you up in knots** [Joey Mandel, Ted Heeley; 2014]
6. **As We Have Always Done: Indigenous Freedom through Radical Resistance**[Leanne Betasamosake Simpson; 2017]
7. **Bad Feminist: Essays** [Roxane Gay; 2017]
8. **Balanced and Barefoot: How Unrestricted Outdoor Play Makes for Strong, Confident, and Capable Children** [Angela J Hanscom, Richard Louv; 2016]
9. **Becoming an Ally, 3rd Edition: Breaking the Cycle of Oppression in People** [Anne Bishop; 2015]
10. **Boys: What It Means to Become a Man**[Rachel Giese; 2018]
11. **Dancing on Live Embers: Challenging Racism in Organizations** [Barb Thomas, Tina Lopes, Margie Adam; 2006]
12. **Excluded: Making Feminist and Queer Movements More Inclusive** [Julia Serano; 2013]
13. **Final Report of the Truth and Reconciliation Commission of Canada, Volume One: Summary: Honouring the Truth, Reconciling for the Future** [Truth and Reconciliation Commission of Canada; 2015]
14. **Keep Growing: How to Encourage Students to Persevere, Overcome Setbacks, and Develop a Growth Mindset** [Joey Mandel; 2017]
15. **Little Book of Circle Processes: A New/Old Approach To Peacemaking** [Kay Pranis; 2005]
16. **Living in the Shadow of the Cross: Understanding and Resisting the Power and Privilege of Christian Hegemony** [Paul Kivel; 2013]
17. **My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies** by [Resmaa Menakem](#)
18. **Nature and the Human Soul: Cultivating Wholeness and Community in a Fragmented World** [Bill Plotkin; 2008]
19. **Outspoken: A Decade of Transgender Activism and Trans Feminism** [Julia Serano; 2016]

20. **Peaceful Parent, Happy Kids: How to Stop Yelling and Start Connecting** [Laura Markham; 2012]
21. **Policing Black Lives: State Violence in Canada from Slavery to the Present** [Robyn Maynard; 2017]
22. **Rad Families: A Celebration** [Tomas Moniz; 2016]
23. **Relax It's Just God: How and Why to Talk to Your Kids about Religion When You're Not Religious** [Wendy Thomas Russell; 2015]
24. **Revolutionary Mothering: Love on the Front Lines** [Alexis Pauline Gumbs, China Martens, Maia Williams; 2016]
25. **Self-Reg: How to Help Your Child (and You) Break the Stress Cycle and Successfully Engage with Life** [Stuart Shanker; 2017]
26. **Seven Fallen Feathers: Racism, Death, and Hard Truths in a Northern City** [Tanya Talaga; 2017]
27. **Simplicity Parenting: Using the Extraordinary Power of Less to Raise Calmer, Happier, and More Secure Kids**[Kim John Payne, Lisa M Ross; 2010]
28. **Teaching Each Other: Nehinuw Concepts and Indigenous Pedagogies** [Linda M Goulet, Keith N Goulet; 2015]
29. **The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma** [Bessel van der Kolk; 2015]
30. **The Inconvenient Indian: A Curious Account of Native People in North America**[Thomas King; 2013]
31. **The Little Book of Restorative Justice: Revised and Updated** [Howard Zehr ; 2015]
32. **The Reconciliation Manifesto: Recovering the Land, Rebuilding the Economy** [Arthur Manuel, Grand Chief Ronald Derrickson, Naomi Klein; 2017]
33. **The Story of Stuff: The Impact of Overconsumption on the Planet, Our Communities, and Our Health-And How We Can Make It Better** [Annie Leonard; 2011]
34. **The Trans Generation: How Trans Kids (and Their Parents) Are Creating a Gender Revolution** [Ann Travers; 2018]
35. **Transphobia: Deal with it and be a gender transcender** [J Wallace Skelton; 2016]
36. **Uprooting Racism - 4th Edition: How White People Can Work for Racial Justice** [Paul Kivel; 2017]
37. **Vitamin N: The Essential Guide to a Nature-Rich Life** [Richard Louv; 2016]
38. **When They Call You a Terrorist: A Black Lives Matter Memoir** [Patrisse Khan-Cullors, asha bandele, Angela Davis; 2018]